

Flourmates Bakery & Cafe'

CAFÉ | BOULANGERIE | VIENNOISERIE | PATISSERIE

MENU

BREAKFAST MENU

PAN CAKE

Two fluffy pancakes served with dollop of cream and seasonal fresh fruits and honey/maple syrup

HUMMUS PITA BOWL

Authentic Lebanese hummus seasoned with zaatar & olive, cherry tomatoes, cucumber and feta cheese served with homemade multigrain pitas

QUINOA BOWL

Boiled Quinoa seasoned with parsley & lemon with Grilled broccoli, carrot, zucchini, baby corn, home-grown sprouts and paneer steak

ENGLISH BREAKFAST

Toast, Scrambled Eggs, Baked beans, Sautéed mushroom, grilled tomatoes, butter

MILLET PANCAKE

Homemade batter of foxtail, barley & amaranth millets. Served with salad and chutney.

CHANA KULCHA/ NUTRIE KULCHA/ KEEMA KULCHA

Homebaked multigrain kulchas served with freshly made accompaniments

OUR SANDWICHES

PERFECT PESTO BLISS

Heavenly combination of creamy aromatic pesto marinated
sautéed vegetables in your choice of bread.

THE TRUFFLE MUSHROOM MELT

Tender mushrooms, capsicum, caramelised onions, flavored with
fresh thyme and truffle oil, and sharp melted cheddar cheese.

PANEER TIKKA SANDWICH

Tender and flavorful desi style paneer tikkas, fresh and crunchy
vegetables, all on a warm garlic butter toasted bread of your choice.



NASHVILLE HOT & TANGY CHICKEN SANDWICH 🌶️

Coated in a spicy and sweet Nashville hot sauce. Crumb fried
chicken topped with creamy coleslaw, tangy pickles & homemade
ranch. All served on a soft and toasted multigrain bread.



THE MORTADELLA AND MOZZARELLA SANDWICH

Thin slices of smoked ham & melted mozzarella cheese on a toasted
bread of your choice. Flavoured with mayo, mustard, tangy pickles,
crunchy cucumber, fresh tomato.



EGG BENEDICT CROISSANT

Two halved croissant layered with mushroom & spinach topped
with poached egg & hollandaise sauce



CHICKEN TIKKA SANDWICH

Tender and flavorful desi style chicken tikkas, fresh and crunchy
vegetables, all on a warm garlic butter toasted bread of your
choice.

PASTA BELLA

PASTA ALFRADO

Rich, Creamy cheesy white sauce

ARABIATTA

Tangy & spicy tomatobasedsauceinfused with garlic, onion & chilly flakes

PASTA ALA ROSSA

A blendoftomatosauce&whitecreamy sauce

CREAMY PESTO

A bright green veryflavourful richbasilbased creamy sauce



PASTA BOLOGNESE

Groundmeatbasehomemadepomodoro sauce



PASTA CARBONARA

A rich and creamysaucepairedwithbacon,peas & eggs

AGLIO OLIO

Spaghetti with garlic,sundriedtomato,olive oil, parsley & red paprika

PASTA IS SERVED WITH 2 GARLIC BREAD, GARNISHED WITH OLIVES & PARMESAN CHEESE
WE MAKE OUR SAUCES IN-HOUSE.

FLORENTINE PIZZARIA

FARM FRESH PIZZA

Tomato, Mozzarella, Capsicum, Corn, Bell, Pepper, Zucchini,
Broccoli, Mushrooms, Onion, Fresh Basil

MARGHERITA

Homemade Tomato Sauce, Fresh Basil, Pure Mozzarella, Extra
Virgin Olive Oil, Oregano.

PANEER TIKKA/ CHICKEN TIKKA PIZZA

Paneer/Chicken, Capsicum, Onion marinated in Indian spices,
Homemade Tomato Sauce, Pure Mozzarella

PIZZA MAXICANA

Homemade Pizza Sauce, Onion, Jalapeno, Corn, Beans, Capsicum,
Pure Mozzarella



CHICKEN OVERLOADED



Chicken Sausage, Chicken Keema, Roasted Chicken, Caramelized
Onion, Garlic Capsicum, Pure Mozzarella



ITALIAN PEPPERONI

Tomato Basil Sauce, Mozzarella, Smoked Pepperoni

PESTO PIZZA

Fresh Dough Thin Crust pizza made with our home made pesto
sauce, topped with mozzarella, Fresh Tomatoes, Sun dried
Tomatoes, Bell Peppers and Olives
Add Chicken

*Our pizza base is 10", freshly made with sourdough.

*All the sauces are made in-house.

CHEF'S SPECIAL PLATTER

GRILLED STEAK PLATTER

Grilled vegetables, mashed creamy & fresh herb seasoned potato
with grilled steak of your choice in the sauce of your choice

Paneer steak/ Chicken Breast/ Fish Fillet

Choice of sauce - Creamy pesto/ Lemon butter/ Barbeque/ Creamy
mushroom

LEBANESE MEZZE PLATTER VEG

Two types of hummus, Labneh, Lebanese pickle, falafel, pita,
tabouleh, olive, lavash & herb sticks



LEBANESE MEZZE PLATTER NON VEG

Two types of hummus, Labneh, Lebanese Pickle, Sheesh Tawook,
Seekh Kabab, Pita, Olive, Lavash & Herb sticks



CHEF'S SPECIAL PLATTER

DUM PANEER MAKHAN WALA WITH 2 WARKI PARATHA

Cottage cheese in thick gravy made with cashew, onion and fresh tomatoes perfectly flavored with our blend of Indian spices (Served with 2 Warki Paratha)

KADAI PANEER WITH 2 WARKI PARATHA

Marinated grilled cottage cheese, onion and capsicum in rich scrumptious thick Mughlai gravy (Served with 2 Warki Paratha)

DAL MAKHNI WITH 2 WARKI PARATHA

Creamy black lentils in authentic chef's style slow dum cooked to attain velvety smooth texture and rich flavors. (Served with 2 Warki Paratha)



BHATTI KA MURGH WITH 2 WARKI PARATHA

Chef's special shredded grilled chicken in rich thick tomato, capsicum, onion gravy infused with our mix of spices (Served with 2 Warki Paratha)



BUTTER CHICKEN WITH 2 WARKI PARATHA

Marinated & grilled chicken cubes in rich Mughlai buttery smooth gravy (Served with 2 Warki Paratha)

BURGERS & WRAPS

THE CLASSIC VEG BURGER

Deepfriedhomemade mixed vegpatty,shreddedfresh cucumber, carrot and mint salad, home flavoured mayo, fresh iceberg lettuce and tomatoes. Served in butter toasted choice of multigrain buns.

PANEER & BELL PEPPERS BURGER

House spicedgrilled paneer steak, sauteedredandyellow bell peppers, caramelised onions, pickled red cabbage, jalapenos, fresh iceberg lettuce and tomatoes. Served in butter toasted choice of multigrain buns.



THE ULTIMATE CHICKEN BURGER

Fresh herb infusedmincedchickenpatty,caramelised onions,garlic mayo, fresh iceberg lettuce and tomatoes. Served in butter toasted choice of multigrain buns

PITA WRAP

Homemade multigrain pitawrap,brownonion, capsicum, lettuce & filling of your choice along with arabic pickle & turkish salad

- Hummus & falafel
- Tandoori paneer
- Chicken Kabab
- Chicken Shwarma



SALADS

GREEK SALAD

This is a classic Mediterranean salad that is made with tomatoes, cucumbers, olives, feta cheese, oregano, and olive oil. It is a simple and tasty salad that can be paired with bread or grilled meat.

Add Egg/Bacon/Chicken

PANZANELLA

A crunchy and satisfying Italian salad consists of pesto marinated croutons, lettuce, tomatoes, cucumbers, mint, parsley in tangy dressing

Add Egg/Bacon/Chicken

MEDITERRANEAN SALAD

A gluten-free salad made with falafel, boiled chickpea, cherry tomatoes, cucumbers, bell peppers, olives, feta cheese in fresh delicious olive oil dressing

Add Egg/Bacon/Chicken

VIETNAMESE

Shredded Chicken Is Mixed With Cabbage, Capsicum, Peanuts, Cilantro, And Garlic And Tossed Into A Vietnamese Dressing With Lemon Juice.



PROTEIN SURPLUS SALAD

A gluten-free salad made with boiled eggs, grilled chicken, boiled chickpea, cherry tomatoes, cucumbers, bell peppers, olives, feta cheese in fresh delicious olive oil dressing