

# Flourmates Bakery & Cafe'

CAFÉ | BOULANGERIE | VIENNOISERIE | PATISSERIE

## MENU

# BREAKFAST MENU

## PAN CAKE

Two fluffy pancakes served with dollop of cream and seasonal fresh fruits and honey/maple syrup

## HUMMUS PITA BOWL

Authentic Lebanese hummus seasoned with zatar & olive, cherry tomatoes, cucumber and feta cheese served with homemade multigrain pitas

## QUINOA BOWL

Boiled Quinoa seasoned with parsley & lemon with Grilled broccoli, carrot, zucchini, baby corn, home-grown sprouts and paneer steak

## ENGLISH BREAKFAST

Toast, Scrambled Eggs, Baked beans, Sautéed mushroom, grilled tomatoes, butter

## MILLET PANCAKE

Homemade batter of foxtail, barley & amaranth millets. Served with salad and chutney.

## CHANA KULCHA/ NUTRIE KULCHA/ KEEMA KULCHA

Homebaked multigrain kulchas served with freshly made accompaniments

# OUR SANDWICHES

## PERFECT PESTO BLISS

Heavenly combination of creamy aromatic pesto marinated sateed vegetables in your choice of bread.

## THE TRUFFLE MUSHROOM MELT

Tender mushrooms, capsicum, caramelised onions, flavored with fresh thyme and truffle oil, and sharp melted cheddar cheese.

## PANEER TIKKA SANDWICH

Tender and flavorful desi style paneer tikka, fresh and crunchy vegetables, all on a warm garlic butter toasted bread of your choice.

### NASHVILLE HOT & TANGY CHICKEN SANDWICH

Coated in a spicy and sweet Nashville hot sauce. Crumb fried chicken topped with creamy coleslaw, tangy pickles & homemade ranch. All served on a soft and toasted multigrain bread.

### THE MORTADELLA AND MOZZARELLA SANDWICH

Thin slices of smoked ham & melted mozzarella cheese on a toasted bread of your choice. Flavoured with mayo, mustard, tangy pickles, crunchy cucumber, fresh tomato.

### EGG BENEDICT CROISSANT

Two halved croissant layered with mushroom & spinach topped with poached egg & hollandaise sauce

### CHICKEN TIKKA SANDWICH

Tender and flavorful desi style chicken tikka, fresh and crunchy vegetables, all on a warm garlic butter toasted bread of your choice.

# PASTA BELLA

## PASTA ALFRADO

Rich, Creamy cheesy white sauce

## ARABIATTA

Tangy & spicy tomatobasedsauceinfused with garlic, onion & chilly flakes

## PASTA ALA ROSSA

A blendoftomatosauce&whitecreamy sauce

## CREAMY PESTO

A bright green veryflavourful richbasilbased creamy sauce



## PASTA BOLOGNESE

Groundmeatbasehomemade pomodoro sauce



## PASTA CARBONARA

A rich and creamy sauce paired with bacon, peas & eggs

## AGLIO OLIO

Spaghetti with garlic, sundried tomato, olive oil, parsley & red paprika

PASTA IS SERVED WITH 2 GARLIC BREAD, GARNISHED WITH OLIVES & PARMESAN CHEESE  
WE MAKE OUR SAUCES IN-HOUSE.

# FLORENTINE PIZZARIA

## FARM FRESH PIZZA

Tomato, Mozzarella, Capsicum, Corn, Bell Pepper, Zucchini, Broccoli, Mushrooms, Onion, Fresh Basil

## MARGHERITA

Homemade Tomato Sauce, Fresh Basil, Pure Mozzarella, Extra Virgin Olive Oil, Oregano.

## PANEER TIKKA/ CHICKEN TIKKA PIZZA

Paneer/Chicken, Capsicum, Onion marinated in Indian spices, Homemade Tomato Sauce, Pure Mozzarella

## PIZZA MAXICANA

Homemade Pizza Sauce, Onion, Jalapeno, Corn, Beans, Capsicum, Pure Mozzarella



## CHICKEN OVERLOADED



Chicken Sausage, Chicken Keema, Roasted Chicken, Caramelized Onion, Garlic Capsicum, Pure Mozzarella



## ITALIAN PEPPERONI

Tomato Basil Sauce, Mozzarella, Smoked Pepperoni

## PESTO PIZZA

Fresh Dough Thin Crust pizza made with our home made pesto sauce, topped with mozzarella, Fresh Tomatoes, Sun dried Tomatoes, Bell Peppers and Olives  
Add Chicken

\*Our pizza base is 10", freshly made with sourdough.

\*All the sauces are made in-house.

# CHEF'S SPECIAL PLATTER

## GRILLED STEAK PLATTER

Grilled vegetables, mashed creamy & freshherb seasoned potato with grilled steak of your choice in the sauce of your choice

Paneer steak/ Chicken Breast/ Fish Fillet

Choice of sauce - Creamy pesto/Lemon butter/Barbeque/Creamy mushroom

## LEBANESE MEZZE PLATTER VEG

Two types of hummus, Labneh, Lebanese pickle, falafel, pita, tabouleh, olive, lavash & herb sticks



## LEBANESE MEZZE PLATTER NON VEG

Two types of hummus, Labneh, Lebanese Pickle, Sheesh Tawook, Seenkh Kabab, Pita, Olive, Lavash & Herb sticks



# CHEF'S SPECIAL PLATTER

## DUM PANEER MAKHAN WALA WITH 2 WARKI PARATHA

Cottage cheese in think gravy made with cashew, onion and fresh tomatoes perfectly flavored with our blend of Indian spices (Served with 2 Warki Paratha)

## KADAI PANEER WITH 2 WARKI PARATHA

Marinated grilled cottage cheese, onion and capsicum in rich scrumptious thick Mughlai gravy (Served with 2 Warki Paratha)

## DAL MAKHNI WITH 2 WARKI PARATHA

Creamy black lentils in authentic chef's style slow dum cooked to attain velvety smooth texture and rich flavors. (Served with 2 Warki Paratha)



## BHATTI KA MURGH WITH 2 WARKI PARATHA

Chef's special shredded grilled chicken in rich thick tomato, capsicum, onion gravy infused with our mix of spices (Served with 2 Warki Paratha)



## BUTTER CHICKEN WITH 2 WARKI PARATHA

Marinated & grilled chicken cubes in rich Mughlai buttery smooth gravy (Served with 2 Warki Paratha)

# BURGERS & WRAPS

## THE CLASSIC VEG BURGER

Deepfriedhomemade mixed vegpatty,shreddedfresh cucumber, carrot and mint salad, home flavoured mayo, fresh iceburg lettuce and tomatoes. Served in butter toasted choice of multigrain buns.

## PANEER & BELL PEPPERS BURGER

House spicedgrilled paneer steak, sauteedredandyellow bell peppers, caramelised onions, pickled red cabbage, jalapenos, fresh iceburg lettuce and tomatoes. Served in butter toasted choice of multigrain buns.



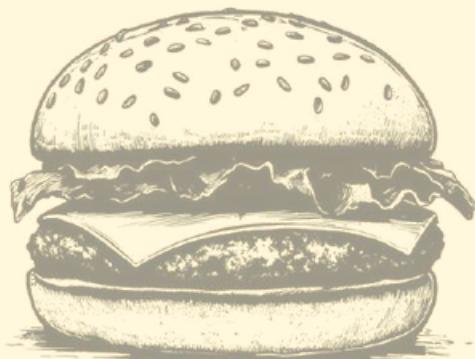
## THE ULTIMATE CHICKEN BURGER

Fresh herb infusedmincedchickenpatty,caramelised onions,garlic mayo, fresh iceburg lettuce and tomatoes. Served in butter toasted choice of multigrain buns

## PITA WRAP

Homemade multigrain pitawrap,brownonion, capsicum, lettuce & filling of your choice along with arabic pickle & turkish salad

- Hummus & falafel
- Tandoori paneer
- Chicken Kabab
- Chicken Shwarma



# SALADS

## GREEK SALAD

This is a classic Mediterranean salad that is made with tomatoes, cucumbers, olives, feta cheese, oregano, and olive oil. It is a simple and tasty salad that can be paired with bread or grilled meat.

Add Egg/Bacon/Chicken

## PANZANELLA

A crunchy and satisfying Italian salad consists of pesto marinated croutons, lettuce, tomatoes, cucumbers, mint, parsley in tangy dressing

Add Egg/Bacon/Chicken

## MEDITTERNEAN SALAD

A gluten-free salad made with falafel, boiled chickpea, cherry tomatoes, cucumbers, bell peppers, olives, feta cheese in fresh delicious olive oil dressing

Add Egg/Bacon/Chicken

## VIETNAMESE

Shredded Chicken is Mixed With Cabbage, Capsicum, Peanuts, Cilantro, And Garlic And Tossed Into A Vietnamese Dressing With Lemon Juice.



## PROTEIN SURPLUS SALAD

A gluten-free salad made with boiled eggs, grilled chicken, boiled chickpea, cherry tomatoes, cucumbers, bell peppers, olives, feta cheese in fresh delicious olive oil dressing